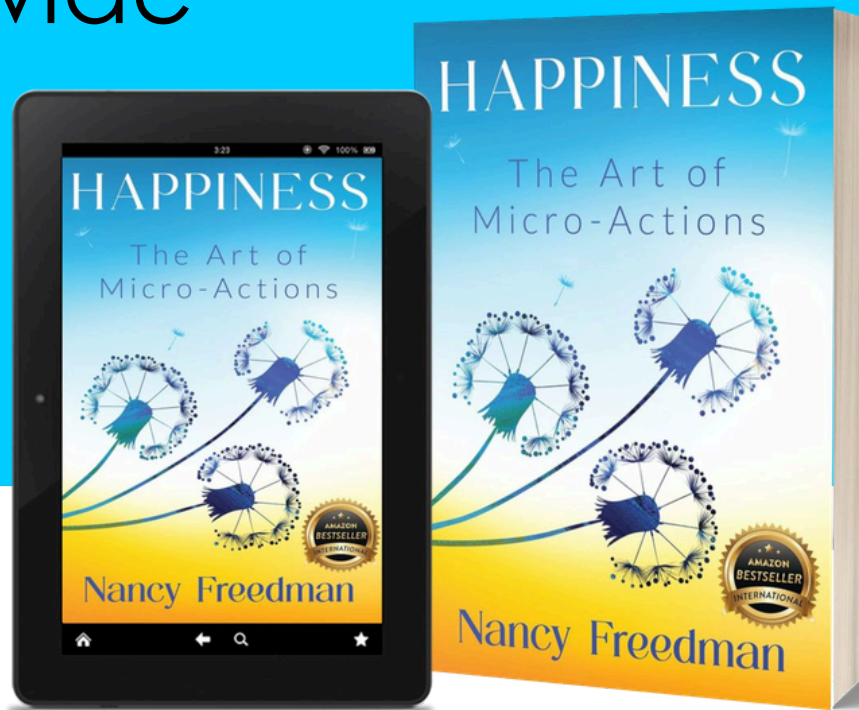


Sales and Worldwide Ranking Report Nancy Freedman



About Nancy Freedman



Nancy Freedman is guided by a deep sense of purpose shaped early in her life. At the age of 22, she experienced a profound loss when her younger sister passed away suddenly. This life-changing event altered how Nancy viewed the world, inspiring her to seek meaning, value, and intentionality in everything she does.

Driven by a desire to understand what motivates and sustains people, Nancy has spent years continuously learning and gathering insight through both education and lived experience. This commitment has helped her navigate life's challenges with greater clarity, resilience, and joy, wisdom she is passionate about sharing with others.

With professional training and extensive experience in the healthcare field, Nancy brings practical knowledge that has proven invaluable not only in her work but also in managing her own health and that of her family. She finds deep fulfillment in empowering others with information that can improve well being and quality of life.

Thoughtful and open minded, Nancy values discussion over debate, preferring to listen carefully and consider diverse perspectives. Family is at the center of her life, and she is deeply committed to helping those she loves, and those around her, find balance, purpose, and happiness.



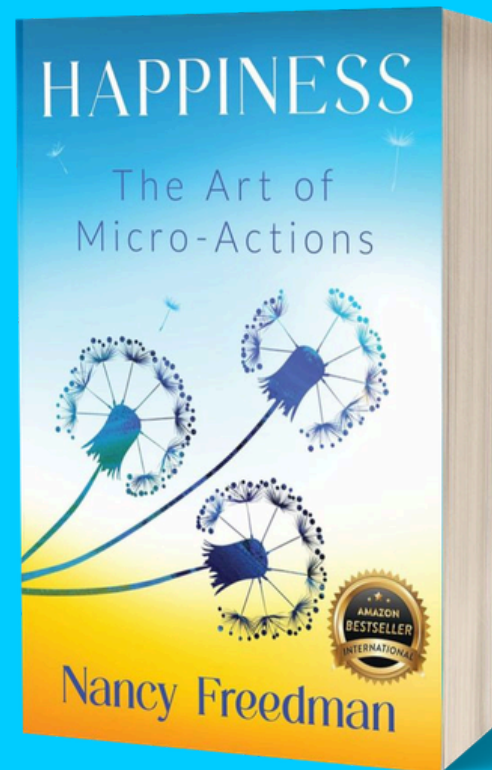
Bestseller in Multiple Categories



#1 Best Seller in Self-Help Affirmations eBooks

#6 Best Seller in Self-Management Self-Help eBooks

#7 Best Seller in Emotions Self-Help eBooks



Before Promotion Rankings

Product details

ASIN : B0F7GN7C8T

Publisher : Made to Change the World Publishing

Accessibility : [Learn more](#)

Publication date : May 4, 2025

Language : English

File size : 2.8 MB

Screen Reader : Supported

Enhanced typesetting : [Enabled](#) ▼

X-Ray : Not Enabled

Word Wise : [Enabled](#) ▼

Print length : 150 pages ▼

Page Flip : [Enabled](#) ▼

Best Sellers Rank: #3,816,639 in Kindle Store (See Top 100 in Kindle Store) ←

#4,051 in Self-Help Affirmations eBooks ←

#7,917 in Self-Management Self-Help eBooks ←

#10,217 in Emotions Self-Help eBooks ←

Customer Reviews: 5.0 ★★★★★ ▼ (2)

After Promotion Rankings



Product details

ASIN : B0F7GN7C8T

Publisher : Made to Change the World Publishing

Accessibility : [Learn more](#)

Publication date : May 4, 2025

Language : English

File size : 2.8 MB

Screen Reader : Supported

Enhanced typesetting : Enabled ▼

X-Ray : Not Enabled

Word Wise : Enabled ▼

Print length : 150 pages ▼

Page Flip : Enabled ▼

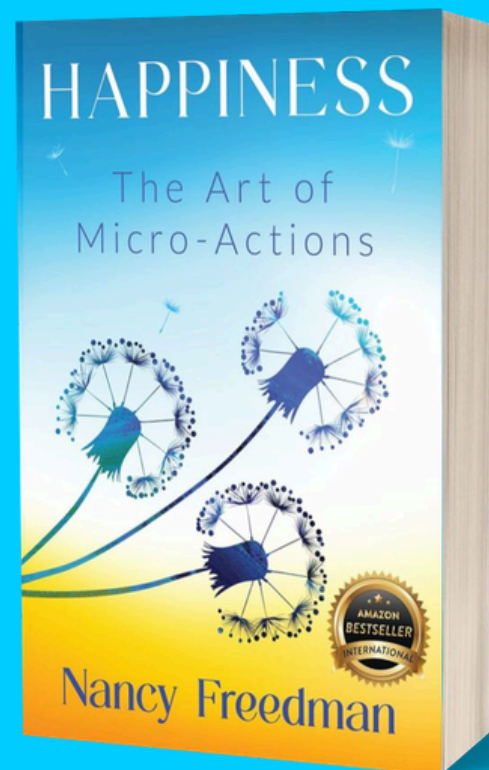
Best Sellers Rank: #10,346 in Kindle Store (See Top 100 in Kindle Store) ←

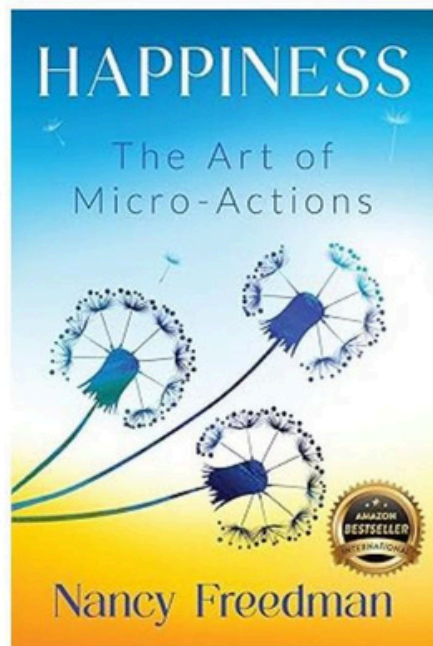
#1 in Self-Help Affirmations eBooks ←

#6 in Self-Management Self-Help eBooks ←

#7 in Emotions Self-Help eBooks ←

Customer Reviews: 5.0 ★★★★★ (2)





Happiness: The Art of Micro-Actions Kindle Edition

by Nancy Freedman (Author) | Format: Kindle Edition

5.0 ★★★★★ (2)

#1 Best Seller in Self-Help Affirmations eBooks



[See all formats and editions](#)

Are you waiting for happiness to arrive? Too often we wait for the perfect relationship, the perfect job, or the perfect life to bring happiness to us. But what if your happiness wasn't dependent on everything that goes on around you but rather everything that goes on inside you?

With a clear, compassionate voice, Nancy Freedman guides you through specific areas of your life—health, mindset, relationships and well-being—to uncover the obstacles that are holding you back from cultivating genuine happiness in your life.

At the heart of Nancy's work is this simple but profound truth: happiness cannot be found; it must be created. By taking small, intentional steps—what Nancy calls "micro-actions"—you will experience lasting change that lays the foundation for designing a life that brings you true happiness.

Inspired by her own journey through grief, dissatisfaction, and ultimately, pursuing happiness in her own life, Nancy brings a deeply personal and practical approach to finding fulfillment and experiencing deeper happiness. Her book draws out the

[▼ Read more](#)

 [Report an issue with this product or seller](#)

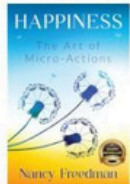
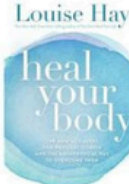
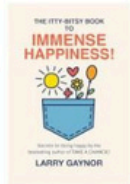
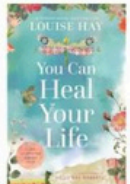
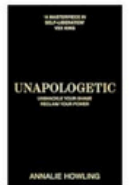
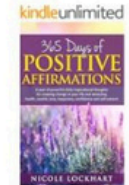
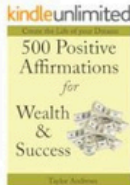
Amazon Best Sellers

Our most popular products based on sales. Updated frequently.



Best Sellers in Self-Help Affirmations eBooks

Top 100 Paid Top 100 Free

#1  Happiness: The Art of Micro-Actions Nancy Freedman ★★★★★ 2 Kindle Edition \$0.99 3 pts 2 formats available	#2  Spiritual Hygiene: A Practical Path for Clean... Iyanla Vanzant ★★★★★ 56 Kindle Edition \$14.99 45 pts 4 formats available	#3  Heal Your Body: The Mental Causes for Physi... Louise L. Hay ★★★★★ 10,837 Kindle Edition \$6.99 21 pts 4 formats available	#4  The Itty-Bitsy Book To Immense Happiness!... Larry Gaynor ★★★★★ 9 Kindle Edition \$0.99 3 pts 2 formats available	#5  You Can Heal Your Life: 40th Anniversary... Louise Hay ★★★★★ 277 Kindle Edition \$9.99 30 pts 3 formats available
#6  You Can Heal Your Life Louise L. Hay ★★★★★ 4,682 Kindle Edition \$10.99 33 pts 2 formats available	#7  Unapologetic: Unshackle Your Shame, Reclai... Annalie Howling ★★★★★ 52 Kindle Edition \$2.99 9 pts 4 formats available	#8  365 Days of Positive Affirmations: A year of... Nicole Lockhart ★★★★★ 721 Kindle Edition \$2.99 9 pts 4 formats available	#9  Affirmations: 500 Positive Affirmations for... Taylor Andrews ★★★★★ 291 Kindle Edition \$0.99 3 pts	#10  The Power Is Within You Louise L. Hay ★★★★★ 3,453 Kindle Edition \$3.99 12 pts 5 formats available

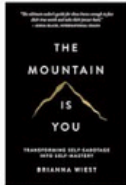
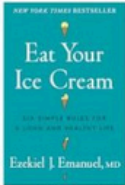
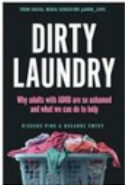
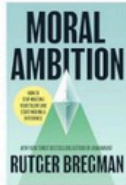
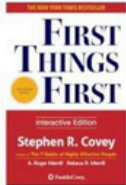
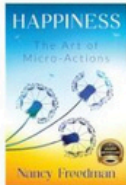
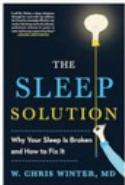
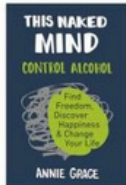
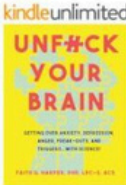


Amazon Best Sellers

Our most popular products based on sales. Updated frequently.

Best Sellers in Self-Management Self-Help eBooks

Top 100 Paid Top 100 Free

#1  The Mountain Is You: Transforming Self-... › Brianna Wiest ★★★★★ 26,222 Kindle Edition \$9.33 28 pts 4 formats available	#2  Eat Your Ice Cream: Six Simple Rules for a Lo... › Ezekiel J. Emanuel ★★★★★ 112 Kindle Edition \$14.99 45 pts 3 formats available	#3  Dirty Laundry: Why Adults with ADHD Are So... › Richard Pink ★★★★★ 3,491 Kindle Edition \$1.99 6 pts 3 formats available	#4  Moral Ambition: Stop Wasting Your Talent a... › Rutger Bregman ★★★★★ 559 Kindle Edition \$2.99 9 pts 4 formats available	#5  First Things First › Stephen R. Covey ★★★★★ 1,747 Kindle Edition \$2.99 9 pts 5 formats available
#6  Happiness: The Art of Micro-Actions Nancy Freedman ★★★★★ 2 Kindle Edition \$0.99 3 pts 2 formats available	#7  Te vas a morir y todavia no has empezado a v... › Laura Falces ★★★★★ 1,319 Kindle Edition \$9.10 28 pts 4 formats available	#8  The Sleep Solution: Why Your Sleep is Broke... › W. Chris Winter M.D. ★★★★★ 1,081 Kindle Edition \$1.99 28 pts 5 formats available	#9  This Naked Mind: Control Alcohol, Find... › Annie Grace ★★★★★ 16,823 Kindle Edition \$9.99 30 pts 4 formats available	#10  Unfuck Your Brain: Using Science to Get Ove... › Dr. Faith G. Harper ★★★★★ 7,207 Kindle Edition \$13.23 40 pts 4 formats available

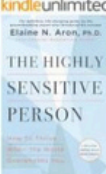
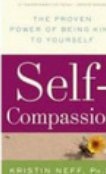
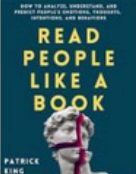
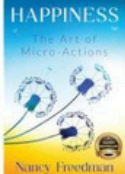
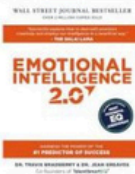
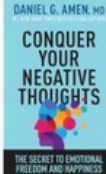
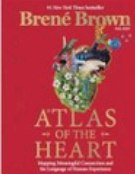
Amazon Best Sellers

Our most popular products based on sales. Updated frequently.

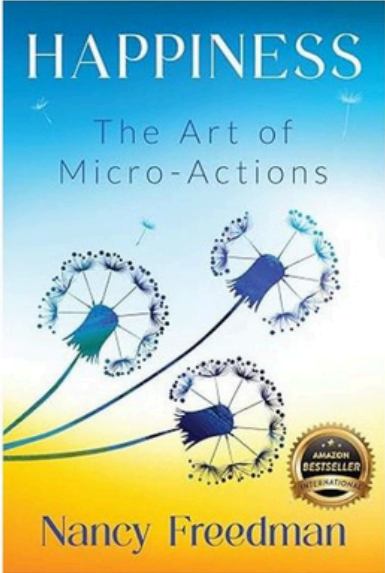


Best Sellers in Emotions Self-Help eBooks

Top 100 Paid Top 100 Free

#1  Stop Letting Everything Affect You: How to... › Daniel Chidiac ★★★★★ 748 Kindle Edition \$9.99 30 pts 2 formats available	#2  The Highly Sensitive Person: How to Thrive... › Elaine N. Aron Phd ★★★★★ 10,571 Kindle Edition \$4.99 15 pts 6 formats available	#3  Self-Compassion: The Proven Power of Being... › Kristin Neff ★★★★★ 7,026 Kindle Edition \$1.99 6 pts 5 formats available	#4  The Art of Letting Go: Stop Overthinking, St... › Nick Trenton ★★★★★ 1,247 Kindle Edition \$3.99 12 pts 4 formats available	#5  Stop Overthinking: 23 Techniques to Relieve... › Nick Trenton ★★★★★ 14,685 Kindle Edition \$3.99 12 pts 5 formats available
#6  Read People Like a Book: How to Analyze,... › Patrick King ★★★★★ 6,993 Kindle Edition \$3.99 12 pts 5 formats available	#7  Happiness: The Art of Micro-Actions › Nancy Freedman ★★★★★ 2 Kindle Edition \$0.99 3 pts 2 formats available	#8  Emotional Intelligence 2.0 › Jean Greaves ★★★★★ 14,143 Kindle Edition \$17.38 53 pts 3 formats available	#9  Conquer Your Negative Thoughts: The Secret... › Daniel G. Amen, MD ★★★★★ 185 Kindle Edition \$2.99 9 pts 2 formats available	#10  Atlas of the Heart: Mapping Meaningful... › Brené Brown ★★★★★ 21,267 Kindle Edition \$9.99 30 pts 5 formats available

Before Promotion Reviews



HAPPINESS
The Art of
Micro-Actions
Nancy Freedman

Read sample

Happiness: The Art of Micro-Actions Kindle Edition

by Nancy Freedman (Author) | Format: Kindle Edition

5.0 ★★★★★ (2) 

[See all formats and editions](#)

Are you waiting for happiness to arrive? Too often we wait for the perfect relationship, the perfect job, or the perfect life to bring happiness to us. But what if your happiness wasn't dependent on everything that goes on around you but rather everything that goes on inside you?

With a clear, compassionate voice, Nancy Freedman guides you through specific areas of your life—health, mindset, relationships and well-being—to uncover the obstacles that are holding you back from cultivating genuine happiness in your life.

At the heart of Nancy's work is this simple but profound truth: happiness cannot be found; it must be created. By taking small, intentional steps—what Nancy calls “micro-actions”—you will experience lasting change that lays the foundation for designing a life that brings you true happiness.

Inspired by her own journey through grief, dissatisfaction, and ultimately, pursuing happiness in her own life, Nancy brings a deeply personal and practical approach to finding fulfillment and experiencing deeper happiness. Her book draws out the

[Read more](#)

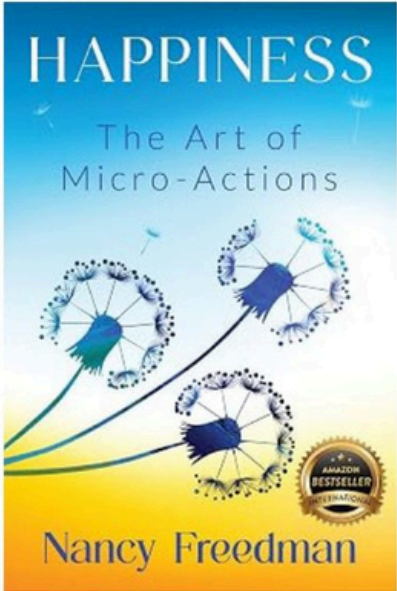
 [Report an issue with this product or seller](#)

Print length	Language	Accessibility	Publication date	File size
 150 pages 	 English	 Learn more	 May 4, 2025	 2.8 MB





After Promotion Reviews



Read sample

Happiness: The Art of Micro-Actions

by Nancy Freedman (Author) | Format: Kindle Edition

4.8 ★★★★★ (15) 

[See all formats and editions](#)

Are you waiting for happiness to arrive? Too often we wait for the perfect relationship, the perfect job, or the perfect life to bring happiness to us. But what if your happiness wasn't dependent on everything that goes on around you but rather everything that goes on inside you?

With a clear, compassionate voice, Nancy Freedman guides you through specific areas of your life—health, mindset, relationships and well-being—to uncover the obstacles that are holding you back from cultivating genuine happiness in your life.

At the heart of Nancy's work is this simple but profound truth: happiness cannot be found; it must be created. By taking small, intentional steps—what Nancy calls "micro-actions"—you will experience lasting change that lays the foundation for designing a life that brings you true happiness.

Inspired by her own journey through grief, dissatisfaction, and ultimately, pursuing happiness in her own life, Nancy brings a deeply personal and practical approach to finding fulfillment and experiencing deeper happiness. Her book draws out the

[Read more](#)

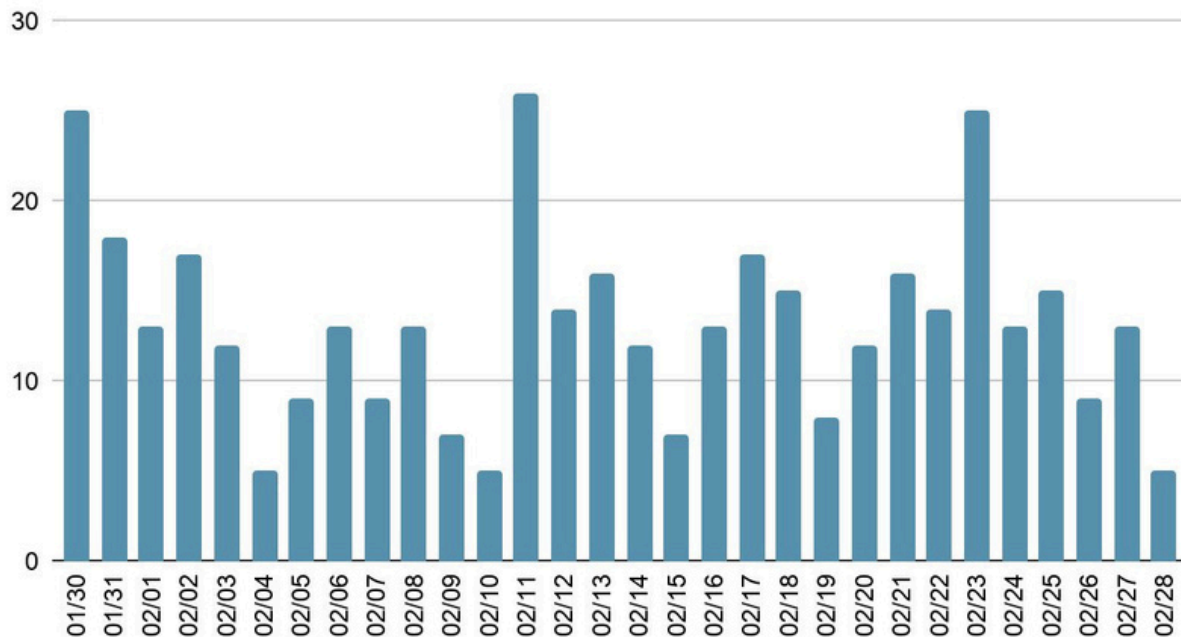
Print length	Language	Accessibility	Publication date	File size
 150 pages 	 English	 Learn more	 May 4, 2025	 2.8 MB





After Promotion Sales (Month 1)

#Sales per Day

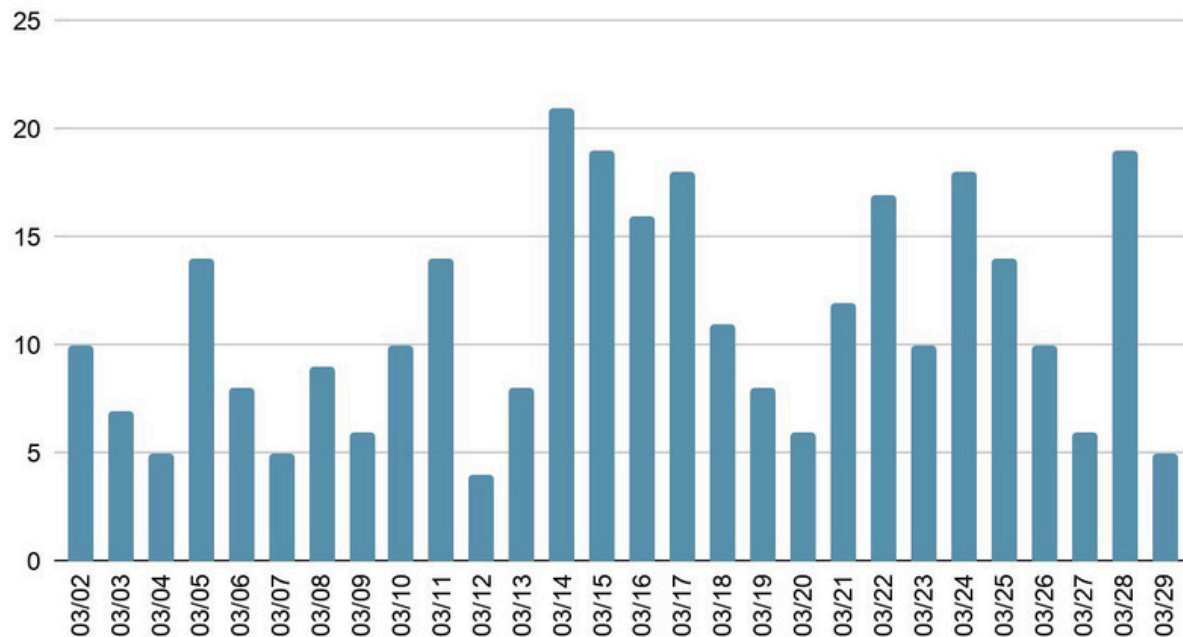


Total Promotion Sales
(Month 1): 396



After Promotion Sales (Month 2)

#Sales per Day

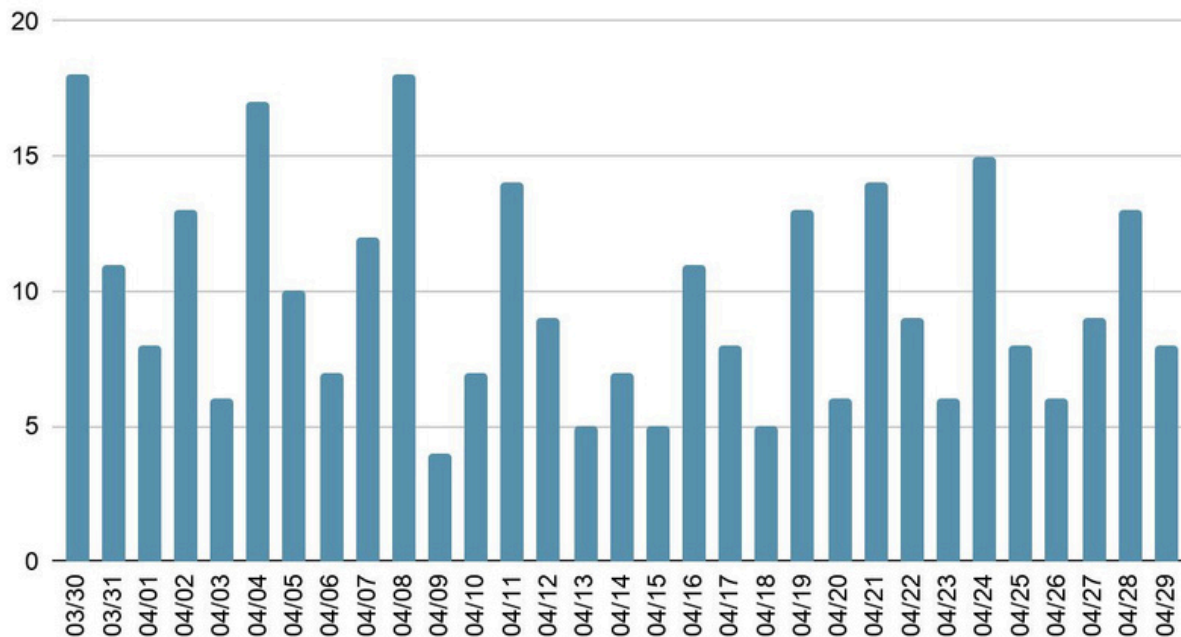


Total Promotion Sales
(Month 1): 310



After Promotion Sales (Month 3)

#Sales per Day



Total Promotion Sales
(Month 1): 302



[Click here:](#)

Happiness: The Art of Micro-Actions - The Book Revue



Happiness is often sold as a finish line, but *Happiness: The Art of Micro-Actions* quietly dismantles that idea and replaces it with something far more workable. What makes this book stand out is its insistence that change does not require reinvention. It asks for attention, intention, and small choices that actually fit into real life.

Reading this book feels like a gentle reset. There is no pressure to fix everything at once, and there is no guilt involved. It makes people feel better and more curious instead. As you read, you start to notice your own patterns. This isn't because you're being challenged, but because the ideas are honest and familiar. The experience is both reflective and uplifting, and it often leads to small moments of recognition that stay with you after you finish the book.

At its heart, the book explores happiness as a practice rather than a reward. Themes of agency, self awareness, and consistency run throughout, reminding the reader that meaning is built through everyday actions. These ideas are important for more than just personal growth; they also apply to work, health, relationships, and the quiet times that people usually don't notice. The idea of micro actions seems to be universal because it takes into account the limits and realities of modern life.

Nancy Freedman writes with clarity and warmth, using short reflections and approachable examples that keep the pace moving. The structure mirrors the philosophy of the book itself. Small parts, easy-to-understand ideas, and useful tips that never feel too much. Her language is clear and direct, and she often puts new spins on old ideas that make them feel new instead of old. The simplicity is intentional and works well because it lets the message get through without any distractions.

What makes the book memorable is its steady reminder that happiness is not hidden or withheld. It is shaped by choices that are so small that they are easy to miss. At the end, you don't get a list of things to do or a promise; you get a new way of looking at things. This book is important because it shows a realistic way to move forward. One step, one action, and one day at a time.

